

# The Sequencing Center

Blood Sample Submission Guidelines

### **Note About Guidelines**

These guidelines are flexible and attempt to answer many of the questions we are asked about sample submissions. Keep in mind that we are here to facilitate your research and will work with you to obtain the best result at a reasonable cost. If you have any questions regarding these guidelines, please contact us at (970) 682-1288 (direct to Lab), (877) 425-2235, (970) 980-5975, or info@thesequencingcenter.com

# **Shipping Address**

The Sequencing Center Attn: Sequencing Lab 1020 Luke Street, Suite D Fort Collins, CO 80524 USA

## **Contact Info**

(970) 682-1288 (Direct to Lab) (877) 425-2235 (970) 980-5975 info@thesequencingcenter.com www.thesequencingcenter.com

## **Blood Samples**

#### Sample Collection Instructions

- 1. Collect whole blood samples into collection tubes using your institution's recommended procedures for standard venipuncture.
- 2. The collection tubes may be EDTA tubes, Vacutainer tubes, PAXgene tubes, or other tubes that include the anticoagulant EDTA. The exact tube volume is unimportant, however, we need a minimum sample volume of 1 mL for subsequent lab work.
- 3. All collection supplies should be used prior to their expiration dates and stored per manufacturer's instructions.

#### **Shipping Instructions**

#### Packaging Guidelines for the Primary Container (Sample Container)

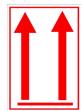
- 1. Send a minimum sample volume of at least 1 mL. Larger sample volumes (i.e. 4 mL, etc.) are preferred.
- 2. Please wrap the lid of each sample tube with parafilm.
- 3. Place sample tubes in a hard protective container (ie. 50-mL centrifuge tube or used pipet tip box). Using a protective container will reduce the risk of your sample tubes being crushed during transport or individual samples being lost within the packing materials (packing peanuts, paper, etc.)
- 4. Affix or write with permanent marker or other marking method a proper label on the primary sample container (e.g. vial) to clearly identify the contents.

#### **Packaging Guidelines for the Secondary Container**

- 1. Use a watertight/leak proof container. Reinforce the container using adhesive tape to contain the individual vials (e.g. zip-lock type bag).
- 2. Surround each primary container (e.g. vial) with sufficient absorbent packing material such that it would completely absorb the contents should the primary container break during transit.
- 3. Include a packing list in the secondary container. Place the packing list in a separate sealable waterproof package (i.e. zip lock bag). The packing list contents should include:
  - List of the labels that identify each sample container (i.e. labels on each vial/tube)
  - Amount of liquid (mL) in each vial/tube
  - Email a digital copy of the packing list to <a href="mailto:info@thesequencingcenter.com">info@thesequencingcenter.com</a>

#### Packaging Guidelines for the Outer Container

- 1. Use an outer container (i.e. cardboard shipping box) of sufficient strength to protect the inner containers and samples. We discourage the use of flat shipping envelopes designed for shipping paper documents.
- 2. Affix an accurate address label with the name, complete address and phone number for both the shipper and the recipient. Note: Only list the principal investigator or primary contact in the address label. This will help avoid delays or miscommunication between your organization and our Lab. If possible, please avoid using anyone not directly related to your research as the primary contact.
- 3. Write "EXEMPT HUMAN SPECIMEN" in clear bold print on the outside of the outer container.
- 4. If sample orientation is important during transit and handling, please affix a universally recognized "double up arrows" sticker, like the one shown to the right.
- 5. Do not refrigerate or freeze the blood samples. They can be shipped at room temperature.



6. If possible, ship samples by overnight express, or no longer than 2-3 day express. Ship samples on days such that they will arrive at our Lab during normal weekday hours (i.e. avoid arrival days on weekends or holidays).